



ESSENTIAL PERSONAL KIT LIST

To ensure your comfort on the day, please take the time to read this kit list to ensure you bring everything you may need.

Walking boots or other suitable outdoor footwear (Wellies may be useful if very wet)

Waterproof coat/ outer layer

Warm under layer/s – e.g. fleece, wool jumper etc

Warm hat & gloves/Sunhat – depending on season

Back pack - A small day pack may be of benefit as we may head out into the woods at various points and you may wish to carry a waterproof, drink or a snack.

Flask/water bottle

Cup for drinks There's a constant fire & kettle - tea, coffee, biscuits and squash provided free of charge.

Any medication you require

Insect repellent if desired

Note book and pen/pencils Taking photo and video notes is also encouraged.

Folding chair/stool (we have tree stumps on site, but please feel free to bring a chair or seat pad)

Packed lunch Please note this is a self-catering course. You may also want to bring a few snacks to keep your energy levels up during the day, particularly if it's cold.

If you have your own knife that you wish to use instead of one of our Mora Knives please show it to an instructor beforehand so they can ensure it's appropriate, sharpened and safe.

All specialist tools required will be provided (Saws, crook Knives, Drawknives etc) so there is no need to bring any cutting tools yourself unless specifically advised to do so for the course you are attending.

This course will be held entirely outdoors, from an expedition-style base camp. There will be a covered teaching area which also serves as a communal area for breaks.

We look forward to welcoming you to the woods, if you have any questions drop us an email at info@polarisbushcraft.co.uk